



### COME TO THE SCHOOL OF MISSIONARY DISCIPLES

Follow ME! is a weekend-based discipleship course designed to help you know and love God more deeply, to discover what it means to live more like Jesus and identify your unique gifts and purpose in today's world



The weekend begins on a Friday evening, and conclude on Sunday after lunch. The weekends are based on the lives of 8 disciples who walked with Jesus.

Each weekend will include teaching, sacraments, prayer, small group interaction, outdoor activities, fellowship, as well opportunities to apply the topic of the weekend in your own life.

The focus is on practical application in the life of the individual.

FOLLOW ME!
TRAINS THE NEXT
GENERATION TO
BECOME
FOLLOWERS
OF JESUS



Format: 8 weekends Start: Autumn 2024

Who is it for: Catholic young adults age 18 to 30





# **PRACTICALITIES**

COST: it includes room, board, snacks, and materials used in the course 1st Term Nov 2024 - June 2025 (420£) 2nd Term Sept 2025 - Mar 2026 (420£)

#### **VENUE:**

Sion Community S.E.N.T.. Sawyers Hall Lane Brentwood Essex CM15 9BX, UK



## **1ST TERM:**

WEEKEND 1: NOV 29-DEC 1, 2024

WEEKEND 2: JAN 24-26, 2025

WEEKEND 3: MAR 28-30, 2025

WEEKEND 4: JUNE 13-15, 2025

# 2ND TERM

WEEKEND 5: SEPT 12-14, 2025

WEEKEND 6: NOV 14-16, 2025

WEEKEND 7: JAN 16-18, 2025

WEEKEND 8: MAR 13-15, 2026

"Through Follow ME!
I have encountered the true God of the Bible: a
God who is full of love and mercy. I can say that Follow ME has profoundly changed my relationship with God."

Magdalena

For more information: https://follow-me.live/gb

Get in touch: register@followme.uk.net

